

WARMUP SCHEDULE

FRIDAY, MAY 30

6:30AM			Venue Doors Open
7:00AM			Pool Deck Access
7:30AM	7:55AM	W	Adapted Solo Tech, Junior Solo Tech & Senior Solo Tech Warmup
8:00AM	8:05AM	1	Adapted P6 Solo Tech Competition
8:05AM	8:40AM	7	Junior Solo Tech Competition
8:40AM	9:00AM	4	Senior Solo Tech Competition
Immediately following		A	AWARDS - ADAPTED SOLO TECH, JUNIOR SOLO TECH & SENIOR SOLO TECH
9:05AM	9:30AM	W	11-12 Solo Warmup
9:35AM	11:00AM	17	11-12 Solo Competition
Immediately following		A	AWARDS - 11-12 SOLO
11:05AM	11:30AM	W	Youth Solo Warmup
11:35AM	1:10PM	19	Youth Solo Competition
Immediately following		A	AWARDS - YOUTH SOLO
1:15PM	1:40PM	W	Mixed Ability Duet Warmup
1:45PM	2:40PM	12	Mixed Ability Duet Level A Competition
			Mixed Ability Duet Level B Competition
			Mixed Ability Duet Level C Competition
Immediately following		A	AWARDS - MIXED ABILITY DUET
2:45PM	3:10PM	W	10U Duet Warmup
3:15PM	4:15PM	13	10U Duet Competition
Immediately following		A	AWARDS - 10U DUET
4:20PM	4:45PM	W	11-12 Duet Warmup
4:50PM	6:40PM	23	11-12 Duet Competition
Immediately following		A	AWARDS - 11-12 DUET
6:45PM	7:10PM	W	Junior Duet Tech & Youth Duet Warmup
7:15PM	8:55PM	20	Youth Duet Competition
8:55PM	9:15PM	5	Junior Duet Tech Competition
Immediately following		A	AWARDS - YOUTH DUET & JUNIOR DUET TECH

Competition Pool	Warmup Pool		
	Audience Side (Closest to Stands)	Lap Warm Up	Far Side (Closest to Scoreboard Wall)
Official Warmup			Official Warmup
Competition	Adapted, Junior & Senior Tech Solo - Competitors		Open Pool
Official Warmup			Official Warmup
Competition	11-12 Solo - Competitors		Open Pool
Official Warmup			Official Warmup
Competition	Youth Solo - Competitors		Open Pool
Official Warmup			Official Warmup
Competition	Mixed Ability Duet - Competitors		Open Pool
Official Warmup			Official Warmup
Competition	10U Duet - Competitors		Open Pool
Official Warmup			Official Warmup
Competition	11-12 Duet - Competitors		11-12 Duet - Competitors
Official Warmup			Official Warmup
Competition	Youth Duet & Junior Duet Tech - Competitors		Youth Duet & Junior Duet Tech - Competitors
Pool Closed			Pool Closed